These student examples illustrate pages from a completed student booklet.

**Cover page:**

**Table of Contents and Freezing page**

- Freezing
- Dress in layers and stay inside.
- Wear a hat and keep a pair of gloves.
- Freeze in the snow and stay there.
- Eat warm food.
**Tornado and Lightning Pages**

- Tornadoes
  - Stay away from mobile homes
  - Close windows
  - Stay indoors

- Lightning
  - Stay away from tall objects
  - Avoid metal objects

**Hurricane and Earthquake Pages**

- Hurricane
  - If you're in a mobile home, move to a safer shelter
  - If you're in a building, stay away from windows

- Earthquake
  - If you are outdoors, stay away from windows
  - If you are inside, move to a doorframe

These student examples illustrate pages from a second completed student booklet.

Cover page:

Table of Contents and Heat Danger page:

- Cool it in the air .......... 1
- Protect yourself from burning .. 2
- Watch for warning ........... 3
- Never go near lightning ........ 4
- Hurricane safety ............. 5


Most importantly drink plenty of water to keep your body from overheating.
**Freezing and Flash Flood Pages**

- **Flash Flood Warning:**
  - Flash floods can occur in mountain areas, small streams, or in the middle of big cities.
  - If you're going hiking in a valley, close to mountains or near a small stream, always be prepared for flash floods.

- **Preparation:**
  - Be prepared with food, water, and medical supplies.
  - Stay away from the flood area.

**Hurricane and Earthquake Pages**

- **Hurricane Safety:**
  - Stay away from ocean fronts, windows, and electronics.
  - Shoes can help you protect your feet.

- **Earthquake Safety:**
  - Driving a rugged vehicle or using candles may save your life.
  - Leave the area if you are struck by a landslides.